



MANANG RIDE

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An incredible ride to the Hidden Area of Manang Valley an amazing and unforgettable ride to the most secluded areas of Nepal, surrounded by the view of Annapurna's and manaslu massif, and manang motorbike tours takes you to the beautiful manang vallry with this its many waterfalls one route, with offroad that are some of the most dangerous in the world. The valley of manang is home to the mangai, the manangi follow a semi-nomadic life and heros riding and archery are the famous activities in the region. Mostly Tibeto-Burman, the Buddhist tradition, and cultural richness can be seen in the many monasteries and through the innumerable prayer flags spread all across the region

KEY INFORMATION

- ✓ **DURATION:** 11 DAYS-8 DAYS RIDE
- ✓ **DIFFICULTY:** CHALLENGING
- ✓ **ACCOMODATION:** BOUTIQUE HOTEL-TEA HOUSES-LODGES
- ✓ **FOOD & BEVERAGES:** INTERNATIONAL & LOCAL
- ✓ **FITNESS LEVEL:** MODERATE TO HIGH
- ✓ **TYPE MOTORCYCLE :** RE.CIASSIC 350
- ✓ **SUPPORT :** YES WE'LL BRING A 4WD JEEP FOR BACKUP AND CARRY YOUR LAUGGAGE
- ✓ **VISIT OLD MONESTERY**
- ✓ **CHALLENGING RIDING FOR EXTREME ADVENTURE RIDE SEEKERS**
- ✓ **EXPOLRE THE NOMADIC LIFESTYLE OG MANANGI PEOPLE**
- ✓ **RIDE TO KHANGSAR VILLAGE**
- ✓ **VIEW OF THE HIMALAYAS INCLUDING ANNAPURNA RANG**
- ✓ **EXPERIENCE THE ANNAPURNA TREKKING TRAIL ON A MOTORBIKE**

Price & Booking

RIDER

1-4 RIDERS PER– USD 2,500

5+ RIDERS PER– USD 2,300

- ✓ Includes Annapurna Permit & TIMS Card and 2 Domestic flights. Kathmandu-Pokhara Return.

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JEEP RIDER

PER - USD 1,800

- ✓ Includes Annapurna Permit & TIMS Card and 2 Domestic flights. Kathmandu-Pokhara Return.



Itinerary

Day 1

Arrival in Kathmandu Trivuban International

Our crew will pick you up at the EXIT gate, please look for the guy holding a Banner with our Logo, after we'll head to Thamel where we Gonna check in- in Les Arts Boutique Hotel all the checking process will be done by our staff so you just please head to your assigned chamber, relax and please be back at the Lobby at the assigned time for our Welcoming Dinner.

Day 2

Welcome to Pokhara – Flight – 25 minutes

After landing in Pokhara from Kathmandu, we head to the Hotel and after a short rest we do a Briefing Meeting at Ride&Dare MC Headquarter, we test ride our bikes and enjoy the local tour around the Pewa Lake and other areas, we have dinner at Busy Bee and have a free evening, we advice not to drink too much to be fresh for our ride that starts tomorrow, we overnight at the excellent Hotel Balcony.

Day 3

Pokhara to Besishar

Overnight in a hotel. Lunch at Riverside Spring Resort midway. great green hill and river view. road all paved from pokhara to besishar, Here are different castes and religions. So they have a different culture. Besishahar Municipality has a warm and sub-tropical type of climate with deciduous forest type. Annapurna II, Machhapuchhre, Lamjung Himal are the beautiful scenes that can be viewed from north of Besishahar Municipality.

Day 04

Besishar to Chame

Great adventure ride. Riding through some gravel roads constructed by the khudi hydropower which also follows a half kilometers long tunnel road and encounter the rocky offroad trails to reach to chame. this is a good trail for adventure and thrill seekers who like to challenge themselves.

Day 05

Chame to Manag Valley

After breakfast riding full rocky offroad trails, and follows some grassland with the fascinating views of waterfalls, greenery snow covered mountains and crossing the chilling rivulets, the ride is difficult as we move up and we reach pissang village beautiful house and stoned paved path, we also get magnificent views of the Annapurna massif against grasslands where wild horses and different cattle graze.

Day 6

Rest day in Manang Valley & Hike

Today we explore the Manang and ride up to Kangsar which is located at 3745m altitude. and back to manang relax at lodge.this is the end trails and you will go for short hike.

Day 7

Manang to Jagat

Rough road ride,its also a small beautifull village and explore by walking jagat village, is one of the most difficult terrains. The path is a rocky single lane track with stones and occasional waterfalls. Deep gorges and valleys on the way offer a gradual change in the scenery. This is a good trail for adventure thrill-seekers who like to challenge themselves.

Day 8

Jagat to Bandipur

Ride to Bandipur from Jagat for around (5 to 6 hours). Bandipur is the Newar Cultural Village, situated on a ridge above the highway town of Dumre and presents sightseers with a heavy mix of history, architecture, incredible views, awesome caves and unspoiled landscapes. You can take a view of mountains Dhaulagiri, Machhapuchhre, Langtang, Manaslu and Ganesh Himal.

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Day 9

Bandipur to Pokhara Via Begnaslake

Today we complete our ride back to Pokhara via Begnas Lake, the road is paved with beautiful scenic mountain views. Begnas Lake is smaller than Phewa Lake, more remote and tranquil. We continue our ride back to Pokhara Lakeside, ending with a group dinner in the evening with traditional Nepali food and dance performances... End of the Tour and Farewell Party. Overnight at Hotel Balcony.

Day 10

Pokhara to Kathmandu

Transfer Today we wake up and get ready to fly back to Kathmandu, one of our Road Captains will go with the group, help you with the boarding process and check you in back in Kathmandu, Les Arts Hotel, free evening and Guide for Shopping and Sightseeing. Departure Dinner & Farewell.

Day 11

Departure Day

According to the departure time we will have the group divided to go to the Airport, you will fly back home with another adventure checked in your Bucket List and unforgettable memories...and sure you will come back for more...

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Price included :

- Annapurna Entry Permit & TIMS Card,
- English speaking Tour Guide & Mechanics,
- Accommodation,
- Breakfast & Dinner
- Jungle safari
- Motorbike with fuel for trip,
- Domestic Flight Kathmandu – Pokhara – Kathmandu,
- Airport Pick up & Drop off,
- Hotel in Kathmandu, Pokhara and Guest Houses along the Route (Twin Sharing Room),
- Supporting Jeep (Yes we'll bring a 4wd jeep for backup and carry your luggage)
- Motorcycle spare parts,
- Satellite phone for emergencies,
- Helmets & regular gloves (In case you need),
- Medical Team, 1st Aid kit, oxygen tubes,
- Motorbike 3rd party insurance.

Price excludes:

- International tickets,
- Nepali visa fee,
- Alcohol bills, WWW.RIDEANDDARE.COM
- Travel Medical, Insurance, Rescue Helicopter,
- Charge for any physical damage on motorbikes due own fault.
- Tips for Local Staff,
- Personal expenses etc.



WHAT TO BRING

Documents:

- **PASSPORT** - Valid only,
- **DRIVER'S LICENSE** -International License IDP,
- **MEDICAL AND TRAVEL INSURANCE** -we call the rescue helicopter. In this case, you should have an insurance covering such costs,
- **CREDIT CARD, & CASH** -For visa, For Motorcycle Deposit 200 used,
- **MEDICINE** -Don't forget your personal medicines,
- **POWER BANK** -Electricity is not always 24 hours,
- **SLEEPING BAG** -Please bring a sleeping bag, it can be cold during the nights in the guest houses in Upper Mustang (extra blankets are available),

WHAT TO TAKE WITH YOU

BOOTS – firm and waterproof for road tours; high and with good protection – for enduro tours.

TROUSERS – for most road tours, firm jeans are an excellent choice. For enduro tours, the enduro or MX trousers are optimal. It is nice to have a raincoat in your backpack, just in case.

THERMAL UNDERWEAR - is necessary if you choose the tour to Upper Mustang or your tour runs from December to March. In other cases, there is no such need.

JACKET is required! Jackets with built-in textile protection are preferred, as they 'breathe' better and are more comfortable in different temperature conditions. If we have winter trip, grab a warm lining to the jacket, it is enough in the daytime. Light down jacket is perfect for evenings.

HELMET is a must for everyone! It does not matter which model you have – open, closed or MX – take it! Definitely, a closed helmet gives better protection, including one against dust and wind.

SMALL BACKPACK – for your money, ID, camera, bottle of water, raincoat, and all sorts of small stuff.

GLOVES – textile gloves with built-in protection are perfectly suited for all the routes. The leather ones can be useful in the winter months and on the tour to Upper Mustang.

LUGGAGE goes with the group in an escort off roader. Try to pack your luggage compactly! The off roader does not always ride on our heels, so it is better to have all necessary things in your small backpack.

SUNGLASSES AND SUNCREAM are very important. In the high mountains, the sun burns skin and eyes mercilessly! To find decent glasses and cream in Nepal is a problematic issue, so be sure to bring them with you. Good lenses save your eyes, and UV protection cream is a best friend of your skin.

FIRST AID BOX – Each participant must bring a personal first aid kit. We have a complete medical rescue set, but it is not a mobile first aid kit. It may not contain medicines you need.

SAFETY

Nepal is always friendly, full of smiles and fun and certainly not dangerous for tourists! Nepalese are mountaineers of a gentle nature, always open to communication. They are sincerely hospitable and never miss the chance to have a heart-to-heart talk. For millennia, representatives of almost all religious confessions peacefully coexist here. No doubt, Nepal is safe, and you will find a lot of new friends and acquaintances here, as well as gain an unforgettable life experience!

IF YOU DAMAGE

THE MOTORCYCLE If the motorcycle has been broken not due to your fault, we are responsible for repairing it. In case of damages caused by rider's mistake, he or she has to cover the costs.

VISA

The visa is put on arrival at the airport of Kathmandu. In the plane, you will be asked to fill out the visa form (if not, you can easily find the form on the counters in the hall before the customs). You need 4 photos of 3x4 and \$25 in cash for a two-week visa. Welcome to Nepal!

WI-FI

WI-FI is available everywhere, except for the route to Upper Mustang. In some remote areas, it can be so slow that it's better to assume it simply does not exist. Be ready to spend evening or two back from civilization enjoying the real-life communication.

IN CASE OF THE ACCIDENT

Accidents are extremely rare on local roads, primarily because of the low speed in traffic. If something happens, we have a first aid box. If the situation is more serious, we know all the nearest hospitals on the route and in the cities; and in case of severe damages, we call the rescue helicopter. In this case, you should have an insurance covering such costs.

ROADS AND TRAFFIC

Breathtaking mountain serpentines are what awaits you. There are almost no straight roads in Nepal, except in the southern part of the country. Turn after turn, hour after hour and so all the day. 200km per day is an impressive distance. By the end of the day, you'll negotiate the corner as on the GP track. On the roads, bikes predominate, and then buses, minibuses, and taxis go. Traffic is chaotic and at first sight seems insane. The night before we go on a tour, we will tell you all the basic rules and traffic details in Nepal. You will be fully armed and ready to join this 'wild' traffic safely.

WEATHER

All the routes are prepared with due consideration of the weather. We offer you the optimal time for the tours, but a raincoat does no harm! Spring lasts from March to May, and is warm with rain showers, and temperatures around 22°C. Summer, from June to August, is the monsoon season when the hills turn lush and green. Temperatures can get quite warm, up to 30°C and more during heat waves.

DRIVER'S LICENSE

When we ride in a group, the police usually give us free rein and conducts a license check only in rare cases. However, there may be surprises. Don't worry, your usual driver's license is good enough.

IS ALTITUDE SICKNESS AN ISSUE?

Acute Mountain Sickness (AMS) can affect anybody when at an altitude of 2500m or more. It does not depend on whether you are fit or have been at high altitudes before. Anyone is susceptible and we take the risks seriously when on tour. On both our into Thin Air tour and Upper Mustang tour, we ride up to 4000m and 5000m accordingly. We must therefore be careful of the risks. We have staged our tours to minimize the possibility of AMS and have not experienced any serious issues to date. We carry Diamox with us but we recommend bringing your own supply. Diamox is a preventative medication rather than a treatment and must be taken several days before riding into altitude. It is also important to keep hydrated when at altitude and drink up to 5L of water per day. The symptoms of AMS are dizziness, nausea, headaches, and disrupted sleep. Vomiting is an

indication of advanced AMS and requires immediate action which involves moving to a lower altitude.

HOW TO PAY

In order to confirm your tour reservation, we take a pre-payment of \$200 USD Send us money by western union. To make a reservation, if you want to join the group please make a deposit of \$200. Any cancelations 30 days before the departure date would become nonrefundable but your deposit are transferable to another ride. The balance can be paid in cash on arrival at our office here in Pokhara.

BANK DETAILS:

BANK NAME: NABIL BANK

AC NAME: RIDE AND DARE M.C. ADVENTURE PVT.LTD.

AC NUMBER: 0530107500980



Our Company is a registered in Nepal Commerce Chamber under the name of Ride And Dare M.C.Adventure Pvt.Ltd.

Registration No: 251499/077/078

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